

Remember the Sabbath day by keeping it holy.
Exodus 20:8_{NLT}

Sabbath

Sabbath

Use a ruler to extend each arrow to show what God created on each day.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Sunday

So God spoke and created the heavens, and the earth, and everything in them in six days.



On the seventh day God rested from all His work. God blessed the seventh day and made it holy.

Later, God gave a Commandment about the Sabbath, He said: Remember to keep the Sabbath day holy. You have six days each week for your ordinary work, but the seventh day is a special day, to spend time with God. On that day no one in your house may do any work; this includes you, your sons and daughters, your workers, your animals, and anyone living with you. In six days the Lord made the heavens, the earth, the sea, and everything in them; but He rested on the seventh day. That is why God blessed the Sabbath day and made it holy.

Friday

Here are some things you might do on Sabbath.



Thursday

Jesus wants us to spend time with Him on Sabbath. One way to spend time with Jesus is to read Bible Stories.



Monday

When Jesus was on earth, He kept the Sabbath. He went to Church at the Temple or synagogue.

Jesus showed us that it is good to do good things for people on the Sabbath.

But can we do anything on Sabbath - as long as it is not work?

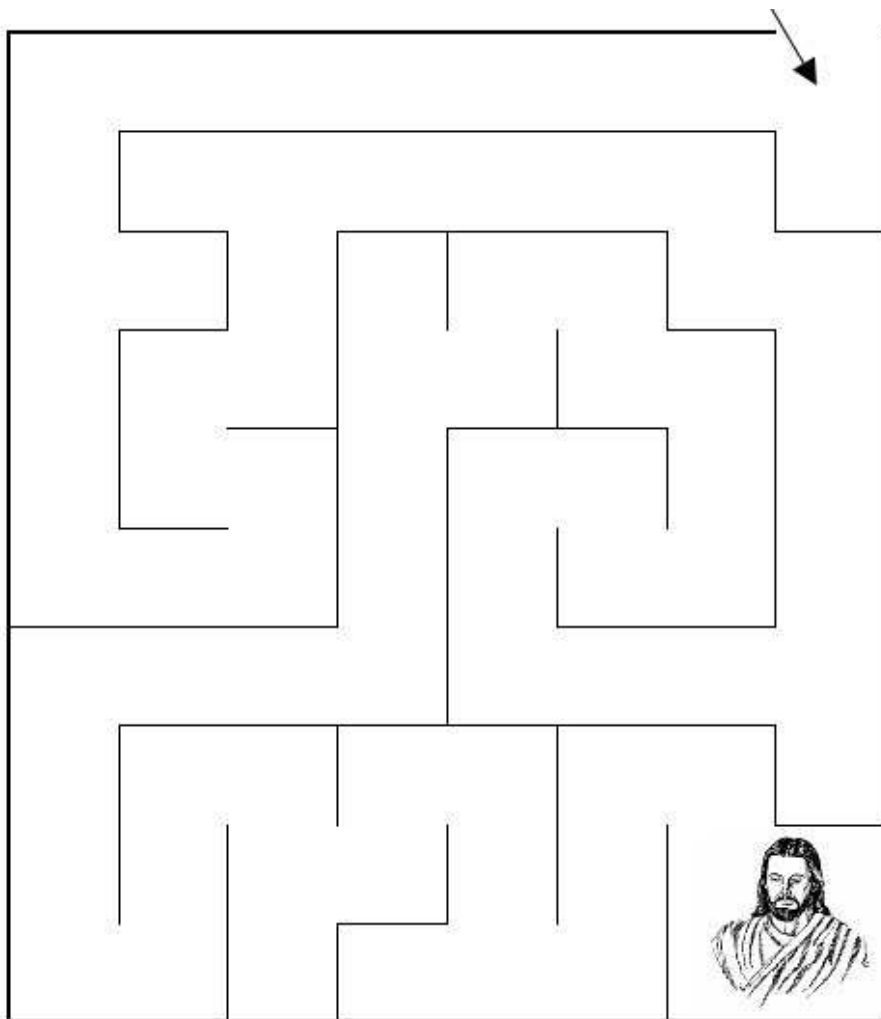
In the book of Isaiah, God says: "Keep the Sabbath day holy. Don't do your own things, but enjoy the Sabbath. Honour the Sabbath in everything you do. Then you [†] will be happy."

So we shouldn't just do whatever we want to; we should make sure that what we do reminds us of God, or the things He has created; or shows God's love to others.







Tuesday

Jesus would spend time with Adam and Eve in their garden.
Find the path to Jesus.



Wednesday

We worship God because He _____ us?

			
A	D	E	M

